



ROK CUP ITALIA
2026_Rd 6_SABATO 4 LUGLIO 2026



PROGRAMMA PROVVISORIO - PROVISIONAL TIMETABLE

VERIFICHE SPORTIVE: CATEGORIE JUNIOR/SENIOR/EXPERT/SUPER/SHIFTER DALLE 8 ALLE 12-CATEGORIE MINI/MINI U.10 DALLE 13 ALLE 14. RITIRO VOUCHER GOMME PRESSO CAMION ROK DALLE 8.15 .
SPORTING CHECKS: CATEGORIES JUNIOR/SENIOR/EXPERT/SUPER/SHIFTER FROM 8 TO 12-CATEGORIES MINI/MINI U.10 FROM 1pm TO 2pm. TYRES VOUCHER AT THE ROK TRUCK FROM 8.15.

DISTRIBUZIONE E PUNZONATURA GOMME: DALLE 8.30 ALLE 12.30 CATEGORIE MINI ROK, MINI ROK U10, JUNIOR ROK, SUPER ROK, SHIFTER ROK, EXPERT ROK.
DISTRIBUTION AND SCANNING OF TYRES FROM 8.30 TO 12.30 FOR MINI ROK, MINI ROK U10, JUNIOR ROK, SUPER ROK, SHIFTER ROK, EXPERT ROK CATEGORIES.

PROVE LIBERE NON UFFICIALI - UNOFFICIAL FREE PRACTICE

TIME		CATEGORY	ACTIVITY		PLACE
8:00	8:10	JUNIOR ROK	Session 10'	Unofficial Practice	PISTA-TRACK
8:13	8:23	SUPER ROK	Session 10'	Unofficial Practice	
8:26	8:36	SHIFTER ROK	Session 10'	Unofficial Practice	
8:39	8:49	EXPERT ROK	Session 10'	Unofficial Practice	
8:52	9:02	SENIOR ROK	Session 10'	Unofficial Practice	
9:05	9:15	MINI ROK	Session 10'	Unofficial Practice	
9:18	9:28	MINI ROK U10	Session 10'	Unofficial Practice	
9:31	9:41	JUNIOR ROK	Session 10'	Unofficial Practice	
9:44	9:54	SUPER ROK	Session 10'	Unofficial Practice	
9:57	10:07	SHIFTER ROK	Session 10'	Unofficial Practice	
10:10	10:20	EXPERT ROK	Session 10'	Unofficial Practice	
10:23	10:33	SENIOR ROK	Session 10'	Unofficial Practice	
10:36	10:46	MINI ROK	Session 10'	Unofficial Practice	
10:49	10:59	MINI ROK U10	Session 10'	Unofficial Practice	
11:02	11:12	JUNIOR ROK	Session 10'	Unofficial Practice	
11:15	11:25	SUPER ROK	Session 10'	Unofficial Practice	
11:28	11:38	SHIFTER ROK	Session 10'	Unofficial Practice	
11:41	11:51	EXPERT ROK	Session 10'	Unofficial Practice	
11:54	12:04	SENIOR ROK	Session 10'	Unofficial Practice	
12:07	12:17	MINI ROK	Session 10'	Unofficial Practice	
12:20	12:30	MINI ROK U10	Session 10'	Unofficial Practice	
12:32	13:15	PAUSA			

DISTRIBUZIONE E MONTAGGIO PNEUMATICI CATEGORIA SENIOR ROK: 13:30 -14:30
DISTRIBUTION AND MOUNTING OF TYRES SENIOR ROK CATEGORY: 13:30 - 14:30

13:15	13:25	JUNIOR ROK	Session 10'	Unofficial Practice	PISTA-TRACK
13:28	13:38	SUPER ROK	Session 10'	Unofficial Practice	
13:41	13:51	SHIFTER ROK	Session 10'	Unofficial Practice	
13:54	14:04	EXPERT ROK	Session 10'	Unofficial Practice	
14:07	14:17	SENIOR ROK	Session 10'	Unofficial Practice	
14:20	14:30	MINI ROK	Session 10'	Unofficial Practice	
14:33	14:43	MINI ROK U10	Session 10'	Unofficial Practice	

PROVE LIBERE UFFICIALI - FREE PRACTICE

Verifiche tecniche dopo ogni sessione di prove libere ufficiali - Techn. Checks after each session of official practices

OBLIGO TRANSPONDER -COMPULSORY USE OF TRANSPONDERS

TIME		CATEGORY	ACTIVITY		PLACE
14:46	14:56	JUNIOR ROK	Session 10'	Official Practice	PISTA-TRACK
14:59	15:09	SUPER ROK	Session 10'	Official Practice	
15:12	15:22	SHIFTER ROK	Session 10'	Official Practice	
15:25	15:35	EXPERT ROK	Session 10'	Official Practice	
15:38	15:48	SENIOR ROK	Session 10'	Official Practice	

PROVE LIBERE NON UFFICIALI

15:55	16:05	MINI ROK	SESSION 10'	UNOFFICIAL PRACTICE	PISTA-TRACK
16:08	16:18	MINI ROK U10	SESSION 10'	UNOFFICIAL PRACTICE	PISTA-TRACK

QUALIFICHE - QUALIFYING

TIME		CATEGORY	ACTIVITY		PLACE
16:24	16:30	JUNIOR ROK	Session 6'	Qualifying	PISTA-TRACK
16:34	16:40	SUPER ROK	Session 6'	Qualifying	
16:44	16:50	SHIFTER ROK	Session 6'	Qualifying	
16:54	17:00	EXPERT ROK	Session 6'	Qualifying	

16:25 CATEGORIA SENIOR ROK PRESENTARSI IN PARCO CHIUSO PER MONTAGGIO PNEUMATICI
16:25 SENIOR ROK CATEGORY PROCEED TO THE PARC FERME' FOR TYRE FITTING

17:04	17:10	SENIOR ROK	Session 6'	Qualifying	PISTA-TRACK
DEPOSITO PNEUMATICI IN PARCO CHIUSO - TYRE DEPOSIT TO PARC FERME'					



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PROGRAMMA PROVVISORIO - PROVISIONAL TIMETABLE

ESTRAZIONE MOTORI CATEGORIA MINI ROK ORE 7:45

MINI ROK CLASS ENGINE DRAW AT 7:45

ESTRAZIONE MOTORI CAT. MINI ROK U10 ORE 8:05

MINI ROK U10 CLASS ENGINE DRAW AT 8:05

WARM UP

TIME		CATEGORY	ACTIVITY		PLACE
8:30	8:40	JUNIOR ROK	Session 10'	Warm Up	PISTA-TRACK
8:43	8:53	SUPER ROK	Session 10'	Warm Up	
8:56	9:06	MINI ROK	SESSION 10'	RODAGGIO MOTORI	
9:09	9:19	SHIFTER ROK	Session 10'	Warm Up	
9:22	9:32	EXPERT ROK	Session 10'	Warm Up	
9:35	9:45	SENIOR ROK	Session 10'	Warm Up	

PROVE LIBERE UFFICIALI - FREE PRACTICE - (verifiche tecniche dopo prove libere ufficiali)

Techn. Checks after each session of official practices

OBBLIGO TRANSPONDER - COMPULSORY USE OF TRANSPONDERS

9:48	9:58	MINI ROK U10	SESSION 10'	OFFICIAL PRACTICE	PISTA-TRACK
10:01	10:11	MINI ROK	SESSION 10'	OFFICIAL PRACTICE	

GARE - RACES

TIME		CATEGORY	NOTES	LAPS	PLACE
10:15		JUNIOR ROK	PREFINALE	12	PISTA-TRACK
10:33		SUPER ROK	PREFINALE	12	
10:51		SHIFTER ROK	PREFINALE	12	

QUALIFICHE - QUALIFYING

11:10	11:16	MINI ROK U10	SESSION 6'	QUALIFYING	PISTA-TRACK
11:20	11:26	MINI ROK	SESSION 6'	QUALIFYING	

GARE - RACES

11:30		EXPERT ROK	PREFINALE	12	PISTA-TRACK
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11:20 CATEGORIA SENIOR ROK PRESENTARSI IN PARCO CHIUSO PER MONTAGGIO PNEUMATICI
11.20 SENIOR ROK CATEGORY PROCEED TO THE PARC FERME' FOR TYRE FITTING

11:48		SENIOR ROK	PREFINALE	12	PISTA-TRACK
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DEPOSITO PNEUMATICI IN PARCO CHIUSO - TYRE DEPOSIT TO PARC FERME'

12:06 13:00 PAUSA

GARE - RACES

13:00		MINI ROK U10	PREFINALE	7	PISTA-TRACK
13:15		MINI ROK	PREFINALE	7	
13:30		JUNIOR ROK	FINALE	15	PISTA-TRACK
13:50		SUPER ROK	FINALE	15	
14:10		SHIFTER ROK	FINALE	15	
14:30		EXPERT ROK	FINALE	15	PISTA-TRACK
14:50		MINI ROK U10	FINALE	9	PISTA-TRACK
15:08		MINI ROK	FINALE	9	

14:55 CATEGORIA SENIOR ROK PRESENTARSI IN PARCO CHIUSO PER MONTAGGIO PNEUMATICI
14.55 SENIOR ROK CATEGORY PROCEED TO THE PARC FERME' FOR TYRE FITTING

15:26		SENIOR ROK	FINALE	15	PISTA-TRACK
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Riconsegna motori MINI ROK e MINI ROK U10 entro le ore 16.00

Please return MINI ROK and MINI ROK U10 engines by no later than 4.00 pm

PREMIAZIONE ORE 16:00